

## Fasting in Prayer

Matt. 9:14-17; 6:5-18 (Series: Overcoming Through Prayer)  
On February 5, 2023, by Philip Pinto @ Village Bible Church

Jesus' principles of fasting:

- (1) Fasting was associated with \_\_\_\_\_  
(Matt. 9:15a).
- (2) Jesus \_\_\_\_\_ His followers would fast  
after He was gone (Matt. 9:15b).
- (3) Fasting under the New Covenant relates to  
\_\_\_\_\_ for Jesus, the absent bridegroom  
(Matt. 9:15-17).
- (4) Should be accompanied by \_\_\_\_\_. (Matt.  
6:5-18).
- (5) To be \_\_\_\_\_ (Matt. 5:16).
- (6) Practiced with \_\_\_\_\_ before God in a very  
somber manner (Matt. 5:5, 16).
- (7) Not to gain \_\_\_\_\_ approval (Matt. 5:5, 16).

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Jesus' principles of fasting:

- (1) Fasting was associated with **mourning** (Matt. 9:15a).
- (2) Jesus **assumed** His followers would fast after He was gone  
(Matt. 9:15b).
- (3) Fasting under the New Covenant relates to **longing** for  
Jesus, the absent bridegroom (Matt. 9:15-17).
- (4) Should be accompanied by **prayer**. (Matt. 6:5-18).
- (5) To be **taken seriously** (Matt. 5:16).
- (6) Practiced with **humility** before God in a very somber  
manner (Matt. 5:5, 16).
- (7) Not to gain **people's** approval (Matt. 5:5, 16).